

2026 Blue Cross and Blue Shield Service Benefit Plan - Standard and Basic Option
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To compare your PSHB health plan options please go to <https://health-benefits.opm.gov/PSHB/>.

To review premium rates for all PSHB health plan options please go to <https://www.opm.gov/healthcare-insurance/pshb/premiums/>.

Standard Option, Self Only, Enrollment Code 33D:

Premium Rate

Biweekly government share: \$304.64

Biweekly your share: \$190.10

Monthly government share: \$660.05

Monthly your share: \$411.89

Standard Option, Self Plus One, Enrollment Code 33F:

Premium Rate

Biweekly government share: \$657.50

Biweekly your share: \$424.42

Monthly government share: \$1,424.58

Monthly your share: \$919.58

Standard Option, Self and Family, Enrollment Code 33E:

Premium Rate

Biweekly government share: \$712.30

Biweekly your share: \$479.21

Monthly government share: \$1,543.32

Monthly your share: \$1,038.29

Basic Option, Self Only, Enrollment Code 33A:

Premium Rate

Biweekly government share: \$304.64

Biweekly your share: \$127.59

Monthly government share: \$660.05

Monthly your share: \$276.45

Basic Option, Self Plus One, Enrollment Code 33C:

Premium Rate

Biweekly government share: \$657.50

Biweekly your share: \$313.84
Monthly government share: \$1,424.58
Monthly your share: \$679.99

Basic Option, Self and Family, Enrollment Code 33B:

Premium Rate

Biweekly government share: \$712.30
Biweekly your share: \$357.52
Monthly government share: \$1,543.32
Monthly your share: \$774.62